PENANG TEAMBUILD 2017



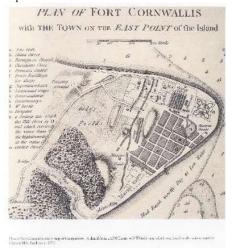
PENANG TEAMBUILD 2017

Claimable
IN THIS ISSUE: JAN 2017

WRITTEN BY WWW METRORIKE COM MY

INTROUCTION

Penang has been well-known for its strategic geography since the 15th century, lying on the Straits of Malacca. As trading blooms, ports grow, causing settlement of various races and cultures that leads to the colourful Penang today. As extended measures had been taken to preserve the state's heritage, you are able to experience the old-fashioned trades and indulge in the UNESCO World Heritage Site even in this time of evolution. No doubt that Penang is indeed a good holiday destination to refrain from the usual monotonous hustle and bustle of city life, bringing you a memorable experience.



PENANG – A DESTINATION FOR MICE

For where the pearl of the orient of South East Asia lies, Penang continues its legacy of rich heritage and fun lifestyle, making your experience one of its kind. Definitely, Penang provides well-established hospitalities for your comfort to carry out a myriad of activities and events.

From accommodation to convention centres, Penang serves world-class venues to mark you a surprisingly memorable meeting experience. Heritage boutique hotels and 5-Star Beach Resorts march a long list to your favour. For a more professional experience, you may opt for purpose built convention centres, which include the newly renovated Subterranean Penang International Convention and Exhibition Centre (SPICE), with a maximum capacity of 13,000 people, making it Penang's largest indoor venue.

Penang has been noticeably crowned as the food heaven of the country, with delicacies ranging from the famous Char Koay Teow, to Laksa, to Nasi Kandar and many more.

No matter where you are or even if you are lost with your navigation system at Penang, you will never be starved as food stalls can be spotted at almost every street of Penang.

Food stalls of various races may line side by side stirring different essence of spices and traits but this juxtaposition is what makes Penang even more special and inspiring. Food is the main key that makes locals unite and integrate for many centuries until today.

HRDF



BUILD A WINNING TEAM

"Team building" has become a buzzword in recent years, and has many connotations. In terms of corporate development, teambuilding exercises are important not only for the immediate experience of the activities performed by the team, but also for the group skills, communication and bonding that result after effective events and activities



PENANG TEAMBUILD 2017 WWW.METROBIKE.COM.MY

PENANG TREASURE HUNT TEAMBUILDING

HOW TO MAKE YOUR MICE THE BEST?

We are Metro Bike, a Penangauthentic green tourism service. We provide bicycle and trishaw services, planning of company events and tours around Penang. Along with your intensive meetings of MICE, we recommend our very own "Penangful" corporate event for corporate bonding and development – Metro Bike's extraordinary team building package.

Our corporate event includes heritage sites' treasure hunt, street arts' hunt, food hunt, traditional trades hunt and cultural activities

HERITAGE SITES' TREASURE HUNT

With the inscription of George Town as a World Heritage Site by UNESCO on 7TH July 2008, Penang beautifully stands as the oriental pearl of heritage. Being given a series of clues, participants are put into groups to solve a chain of mysteries that will bring them to discover the hidden beauty of Penang that Penangites themselves might never get to know.

Killing two birds at once, this treasure hunt may be a hard nut to crack, but being able to reveal Penang's hidden beauty and build a strong bond among employees worth it all.





STREET ARTS' HUNT

In conjunction with Penang's Georgetown Festival, certain old walls of edifices within Georgetown have gained a new lease of life. A few years have passed though, despite the faded paint, these street arts drawn by famous Lithuanian artist, Ernest Zacharevic and other artists will still be able to take your breath



away

Self-fies and group-fies are required to be taken with street arts of Penang being captured into the picture. This activity would require full determination and energy from all participants to hunt for the wanted street arts or murals.

HAWKER FOOD HUNT

Penang, famous for its cultural hybrids, is of course well-known for its special delicacies. Metro Bike will definitely make sure your stomach is filled with famous local delicacies. From Chinese Kopitiams to Mamak Stalls, Metro Bike brings you around Penang to enjoy incredibly delicious food till your satisfaction!





TRADITIONAL TRADES AND CULTURAL ACTIVITIES

Apart from that, do you know that there are more than 50 traditional trades in Penang that are preserved and still operating till today? Thankfully, these traditional trades still remain till now by keen successors, mainly located at crooks of local markets in Georgetown





We also provide an option for you to add a little twist to your team building event with a workshop or seminar PENANG TEAMBUILD 2017 WWW.METROBIKE.COM.MY

PENANG HERITAGE BICYCLE & TRISHAW GROUP TOUR

HERITAGE TOUR FOR MICE GROUP

Specially made and targeted to foreign tourists and MICE to introduce Penang multi-cultural heritage sites, traditional trades, street arts and hawker food experience by bicycle or trishaw.

With the newly-made bicycle pathways all the way on the streets of Georgetown, cycling has never been more fun than this.

You will be able to cycle through traffics despite the jams and enjoy the historical trail of Georgetown.





A GREEN WAY TO DISCOVER GEORGE TOWN

A green way to discover George Town heritage sites, streets arts, traditional trades and hawker food by 2 and 3 wheels.







BEAUTIFUL STREET ARTS

Colourful paintings and sculptures are making the historical city more alive than ever. Since Mirrors George Town series by Ernest Zacharevic was done in conjunction with George Town Festival 2012, street arts and metal sculptures by various artists, local and abroad, have been mushrooming around the city.



FAMOUS HAWKER FOOD

An amazing title bestowed to Georgetown -Penang Heritage City. Unequivocally, you will be amazed by the interesting historical values of this fair island, not forget to mention its tasty delicacies.



METRO BIKE'S AWARDS & ACHIEVEMENTS

 Tripadvisor Certificate of Excellence Awards for 4 consecutive years since Year 2013-Year 2016



Malaysia Tourism Award 2012/2013

"The Best Tour Package – Special Interest" by Ministry of Tourism & Culture.



First Solar Kulim

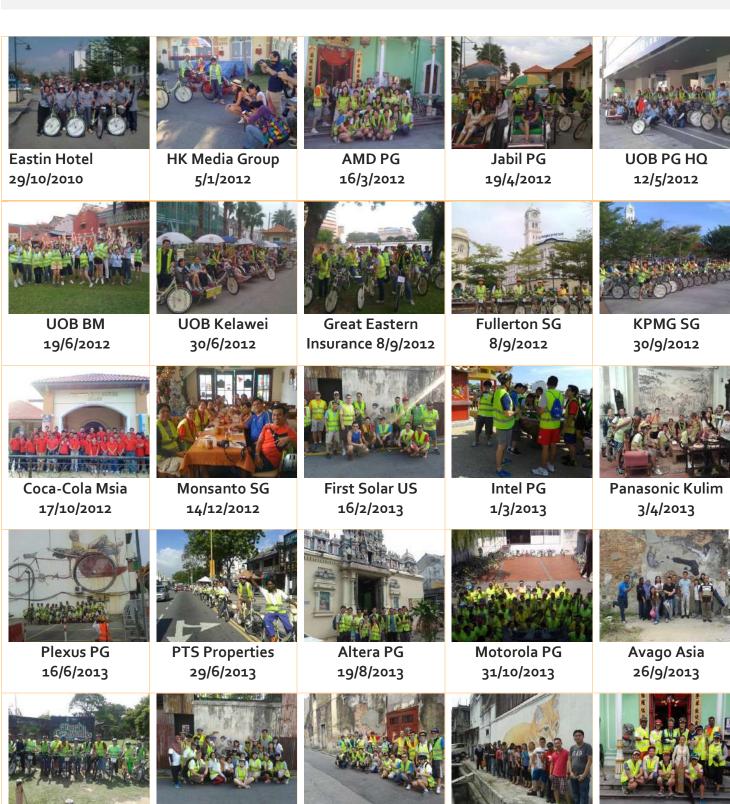
13/12/2013

Continental Tire

23/2/2014

BUILDING A WINNING TEAM IN PENANG

~ By METRO BIKE



Intel PG

3/3/2014

National Instru.

12/5/2014

Bromma Ipoh

13/10/2014

WWW.METROBIKE.COM.MY



Four Points Hotel 1/11/2014



Ingersoll Rand 29/11/2014



Samsung PG 14/12/2014



Hershey SEA 23/4/2015



Pfizer SEA 12/5/2015



First Solar US 12/6/2015



DDB Group HK 18/9/2015



JTI SEA 24/10/2015



YMCA HK 7/1/2016



APPLE APAC 22/1/2016



Intel PG 04/3/2016



IPinGlobal SG 20/3/2016



CWM Group 14/5/2016



Flextronic Interna. 18/5/2016



8/6/2016



TTG ASIA 4/7/2016



Intel-Altera 4/9/2016



KFC ASIA 8/9/2016



Motorola Solutions 21/9/2016



Crowe Howath SG 3/10/2016



Elanco Int. 11/10/2016



Khazanah Nasional 18/10/2016



KPMG SG 5/11/2016



Pfizer Inter. 9/11/2016



Handshake Tec SG 18/11/2016

PENANG TEAMBUILD 2017 WWW.METROBIKE.COM.MY

PENANG ISLAND DISCOVERY

NATURE & HILLS

Penang started as a beautiful island with untouched nature. From above, Penang Island is seemingly shaped like a tortoise. What stands prominently above all of the island is Penang Hill, which is also the most developed hill since the ruling of Francis Light.

Watching over the island for hundreds of years, Penang Hill is the oldest British hill station in Southeast Asia, where it served as a retreat for the British back then.



At sea level, beaches at Penang will definitely bring you nostalgic awe. Famous beaches like Kerachut Beach and Batu Ferringhi Beach bring overwhelming tears to your eyes with picturesque vista.

FLORA & FAUNA

The "Waterfall Gardens" was an old granite quarry site, was also one with the Singapore Botanical Garden. Since 1946, Penang Botanical Garden stands on its own, then serves as the *Green Lung* of Penang.



BEACHES

The famous Kercahut Beach gives you a rare experience to observe turtle eggs hatching while Batu Ferringhi Beach is a must-visit spot to relax and enjoy. Both beaches are facing the opened sea, borderless with the azure blue sky. These warm beaches set a pleasant memory and everything that Penang has to offer



TEMPLES

Being built on 30 acres of land, the Kek Lor Si temple is one of the largest and finest temples complexes in Southeast Asia. Several handwritten relics can be found around the temple, particularly from the Emperor and Empress of the Ching Dynasty, which highlight the heritage value of this grand temple.



MULTI-RACIAL FOOD CHOICES

Penang cuisine is the cuisine of the multicultural society of Penang, Malaysia.

Most of these cuisine are sold at road-side stalls, known as "hawker food". Penang has the reputation as being the "food paradise" in the region as it offers a diverse and exotic mix of Malay,Indian, Chinese and western cuisine, which reflects the multicultural mix of the city.



FOR MORE INFORMATION



Metro Green Adventure Sdn. Bhd. (986404-P). (Motac KPL/LN License: 6810)

HQ:

10-02 Menara Perdana.
101, Jalan Gurdwara.
10300 George Town. Penang
Malaysia
http://www.metrobike.com.my
Email: support@metrobike.com.my
Hotline: +60194094663

BICYCLE & TRISHAW CENTER:

Tanjung City Marina (Beside Jetty Bus Terminal) 8A, Pengkalan Weld 10300 George Town. Penang. Malaysia

