

Positive “MINDSHIFT” Techniques



Positivity empowers you to operate life to be fullest. It can transform the culture of a team and drive energy towards attaining an organization's goals.

Program Activities

- Team-based activities and case studies to reinforce learning
- Sharing of stories to drive impact

Outcome

- Participants will leave the workshop energised and in a positive state of mind – ready to apply the new techniques and principles they have learnt in their daily work and challenges.
- Positivity is a critical factor in building high performance teams that will help your organization achieve its goals.



POSITIVE MINDSHIFT & TEAM DEVELOPMENT

Empowering Team Positivity -Reorganization Team Development-

Targeted Audience :

1. Organisations intending to build 'self confidence' in their employees to encourage them to take on organisation's new directions and strategies, new roles, new projects, new challenges and accept new leadership.
2. Organisations intending to boost the morale of their employees in the light of reorganisation or restructuring.

Objective: Instil individual confidence to gain trust and positive outlook towards organization's new directions.

- Self-reflections – begin with end in mind;
- Learn the positive MINDSHIFT techniques to remove negativity & anxiety incorporating 'The Energy Bus' to remove negativity;
- Adopting positive transformation through stages (i.e. dependency, independency & inter-dependency);
- Putting together new directions and setting new team vision; and
- Building positive team energy with “4C – Positive Team Ladder”

